

Lyngford Park Surgery Newsletter



Priorswood Activity Days—Summer 2019



Volume 1, Issue 2

Autumn/Winter 2019

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For five Tuesdays during the summer holidays, members of the Somerset Health network played an active part in the annual 'Pride in Priorswood' fun days on Taunton's Lyngford Green.

Working within a large marquee (the "Health Tent"), health and allied professional teams from Lyngford Park Surgery, Musgrove Park Hospital, Somerset Partnership along with various local charities, got together to

provide health information and activities for residents of the community. In all, there were over 700 contacts with the public over the five days in the health tent.

Lyngford Park Surgery team gave mini health checks and had discussions with visitors to the tent about wellbeing.

The Health Tent was initiated and organised by the Lyngford Park Surgery Patients' Group. We need to recruit new members who are representative of patients registered at the surgery.

Please consider joining our patient group: you can contact our Chair, Sigurd Reimers - please see patient group contact details on the back page of this newsletter.

Combined Long Term Condition Clinics

For patients with more than one long term condition/chronic disease, such as diabetes and other conditions, we are starting a new service to help reduce the number of times each patient needs to attend the surgery for each of their reviews. Our new system means that you will only need to attend one pre-check appointment and one combined appointment for your annual review, which we hope will be more convenient for our patients.

What is a Long Term Condition?

A chronic disease is also known and referred to as a Long Term Condition. This means that you have a condition that will require you to have monitoring and treatment for a long period of time, often for the rest of your life.

If you have received a letter inviting you to one of these clinics, please contact our Reception Team for an appointment.

If you have more than one long term condition and are interested in attending one of these clinics, please let our Reception Team know.

Flu Clinics



Flu vaccination is available every year on the NHS to help protect adults and children at risk of flu and its complications.

Who should get the flu vaccine?

The flu vaccine is routinely given on the NHS to:

- adults 65 and over
- people with certain medical conditions (including children in at-risk groups from 6 months of age)
- children aged 2 and 3 on 31 August 2019
- pregnant women
- children in primary school frontline health or social care workers

We are running our flu clinics now—**please ask at Reception to find out if you are eligible and book your appointment**

New ways to contact you by text and email

Our surgery now has a text messaging service to contact you by text to for example remind you of your appointments, to let you know if your appointment needs to be rearranged or to inform you about services, such as flu clinics, that may be available to you.

We would also like to be able to email you to let you know about new and recurring services and to ask for your feedback about our services.

Please make sure that we have your correct mobile phone number and email address to contact you. Please ask reception for a consent form so that you can be added to our texting/emailing list.



Cervical Smears

Cervical screening is one of the best ways to protect yourself from cervical cancer.

Cervical screening checks the health of your cervix. It's not a test for cancer, it's a test to help prevent cancer.

We offer cervical screening appointments with a choice of staff at Lyngford Park Surgery, including evening appointments.

If you have received a letter to let you know your smear is overdue, please book your appointment with reception.

Signposting your call to the best service

If you are calling to make an appointment, the doctors have asked our receptionists to prompt you for a brief reason for your call. This will help them to safely direct you to the most appropriate member of our team so that you get the best treatment more efficiently.

This could include directing you to your local pharmacist or A&E if appropriate.

Please feel assured that everything that you tell the receptionist is confidential.



Evening and weekend clinics

Did you know that you can access GP appointments in the evening and at the weekend if you are registered with a Somerset GP practice?

Evening appointments (up to 8pm) and Saturday appointments are offered by a number of GP surgeries in Taunton.

Lyngford Park Surgery offers evening appointments on Tuesdays and usually the first Wednesday of the month.

You can book one of these appointments at Lyngford Park Surgery or one of the other Taunton practices by talking to our reception team during opening hours.



Repeat Prescriptions

Appointments: 01823 333355
Health visitor: 01823 253462
Hospital Transport: 01278 727444
Out of hours: 111

Lyngford Park Surgery
Fletcher Close
Taunton
TA2 8SQ

Website: www.lyngford.co.uk
somccg.enquiries.lyngfordpark@nhs.net



You can request a repeat prescription:

Online (for prescriptions and booking appointments)

Sending us a letter

Posting us a note

Visiting us in person

Through your local chemist (if they offer this service)

We are unable to take repeat prescription requests over the phone for safety reasons.

We strongly encourage our patients to order repeat prescriptions online. Please speak to one of our reception team for more details. Please allow 48 hours for your repeat prescription.

You do not normally require an appointment to see a GP for a repeat prescription.

Lyngford Patient's Group

Every GP surgery has a Patient Participation Group (PPG), ours is called the Lyngford Patient's Group.

Membership is made up of patients, who volunteer to become involved, surgery staff and doctors.

The reason for this patient group is to talk about subjects such as:

- How this surgery looks after its patients;
- To discuss how to truly reflect what type of service patients want and need;
- How changes in the NHS could affect you;
- How the surgery could improve the health of the Priorswood community.

Our patients' group also has a Virtual Group for those members who are unable to attend meetings or wish to be involved via IT.

The Lyngford Team would be delighted to get support, ideas and suggestions from its patients and you would be very welcome to come to one of our meetings. There will be no commitment but you will be able to find out what being a member of the Lyngford Patients' Group is all about.

For more information, please contact Sigurd Reimers, Chair of the group by emailing him at:



lyngfordparkpatientgroup@gmail.com