

A photograph of a middle-aged man with a serious expression, wearing a dark blue t-shirt. He is leaning over a white sink in a clinical setting. On the index and middle fingers of both hands, the word 'JUST' is tattooed in blue ink. The background is a blurred hospital room.

“JUST GOT
THE RUNS”

JUST SPEAK TO YOUR GP

If you've had **tummy trouble** such as **bloating, diarrhoea** or **discomfort for three weeks or more**, it could be a sign of cancer. It's probably nothing serious, but finding cancer early makes it more treatable.

Your NHS is here to see you, safely.

Clear on
cancer

help us
help you